WEEKLY MEAL PLAN

Week of __/_/___

₩ Monday	Grocery Produce	y <mark>List₩ Dairy</mark>
L L		,
D		
*Tuesday		
L D		
D		1,211
**Wednesday	Grains	Meat
ī.		
D		
*Thursday		
В	Frozen Food	Other
L D	Fruzeli Fuuu	Other
*Friday		
L		
D) 1
** Saturday	Notes **	
L D		
D	9	
₩ Sunday		
В		
L D		
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